

INSTRUCTIONS FOR ENG

DO NOT TAKE ANY OF THE FOLLOWING MEDICATIONS 48 HOURS BEFORE TESTING:

- Sleeping medications
- Tranquilizers
- Alcoholic beverages
- Antihistamines
- Barbiturates
- Sedatives
- Muscle relaxants

IF MEDICATIONS ARE LIFE SUSTAINING SUCH AS SEIZURE OR DIABETIC MEDICATIONS, CONTINUE THESE MEDICATIONS.

IF MEDICATIONS HAVE BEEN TAKEN FOR GREATER THAN ONE YEAR OR PRIOR TO ONSET OF SYMPTOMS, THEY MAY BE CONTINUED.

DISCONTINUE ANY MEDICATIONS SPECIFICALLY PRESCRIBED FOR DIZZINESS/VERTIGO FOR 48 HOURS PRIOR TO THIS TEST.

DO NOT EAT OR DRINK ANYTHING (INCLUDING WATER) 4 HOURS BEFORE TESTING.

DO NOT SMOKE THE DAY OF TESTING.

DO NOT WEAR ANY MAKEUP (AND NO SKIN LOTIONS). PLEASE HAVE CLEAN DRY HAIR (NO HAIR PRODUCTS) THE DAY OF TESTING.

WEAR COMFORTABLE CLOTHING (SOMETHING LOOSE AND EASY TO MOVE IN).

PLEASE REGISTER AS AN OUTPATIENT 48 HOURS PRIOR TO YOUR APPOINTMENT BY CALLING (505) 609 6008.

The ENG usually takes about 3 hours. Please allow that much time, and you may need someone to drive you home.

If for any reason you need to change or cancel your appointment, please call the Audiology Dept. at (505) 609-6079 or (505) 609-6169 during office hours which are 8 AM to 5 PM Monday through Friday. Thank you.